



Dinner Meal packs	Normal Price	70% covered under HCP funding	30% paid by HCP recipient
5 x Dinners	\$65.00	\$45.50	\$19.50
7 x Dinners	\$84.00	\$58.80	\$25.20
10 x Dinners	\$114.00	\$79.80	\$34.20
14 x Dinners	\$150.00	\$105.00	\$45.00



Smaller Meals + Desserts

4 x Mini Meals pack	\$28.00	\$19.60	\$8.40
5 x Meals in a Bowl pack	\$28.50	\$19.95	\$8.55
5 x Lite Meals pack	\$32.50	\$22.75	\$9.75
5 x Soups pack	\$16.50	\$11.55	\$4.95
4 x Desserts pack	\$9.00	\$6.30	\$2.70

Mini Meals

Meals in a Bowl

Lite Meals

Soups

Desserts



Meal plans based on 1200 calories	Normal Price	70% covered under HCP funding	30% paid by HCP recipient
3 day 1200 calorie - Breakfast, Lunch & Dinner plan	\$82.00	\$57.40	\$24.60
4 day 1200 calorie - Breakfast, Lunch & Dinner plan	\$99.00	\$69.30	\$29.70
5 day 1200 calorie - Breakfast, Lunch & Dinner plan	\$118.00	\$82.60	\$35.40
5 day 1200 calorie - Lunch & Dinner plan	\$104.00	\$72.80	\$31.20
7 day 1200 calorie - Breakfast, Lunch & Dinner plan	\$152.00	\$106.40	\$45.60
7 day 1200 calorie - Lunch & Dinner plan	\$130.00	\$91.00	\$39.00

Meal plans based on 1500 calories

3 day 1500 calorie - Breakfast, Lunch & Dinner plan	\$89.00	\$62.30	\$26.70
4 day 1500 calorie - Breakfast, Lunch & Dinner plan	\$109.00	\$76.30	\$32.70
5 day 1500 calorie - Breakfast, Lunch & Dinner plan	\$128.00	\$89.60	\$38.40
5 day 1500 calorie - Lunch & Dinner plan	\$111.00	\$77.70	\$33.30
7 day 1500 calorie - Breakfast, Lunch & Dinner plan	\$166.00	\$116.20	\$49.80
7 day 1500 calorie - Lunch & Dinner plan	\$140.00	\$98.00	\$42.00

All prices are inclusive of GST and subject to change. Some delivery areas also incur a delivery fee.



Lite n' Easy also has a range of other flexible meal combinations available. For more information, or for assistance selecting the right plan, please call us on **13 15 12**.