

# Lite n' Easy

## Home Care Package Price Guide (QLD/NSW/ACT/SA)



### My Choice Meals

	70% covered under HCP funding	30% paid by HCP recipient	Approximate Cost Per Meal
5 x My Choice Dinners	\$41.97	\$17.98	\$3.60
7 x My Choice Dinners	\$54.57	\$23.38	\$3.34
10 x My Choice Dinners	\$73.47	\$31.48	\$3.15
14 x My Choice Dinners	\$96.57	\$41.38	\$2.96
21 x My Choice Dinners	\$139.97	\$59.98	\$2.86
28 x My Choice Dinners	\$181.97	\$77.98	\$2.79
5 x My Choice Soups	\$15.72	\$6.73	\$1.35
5 x My Choice Desserts	\$11.87	\$5.08	\$1.02

### Lite n' Easy Standard Dinner Packs

5 x Dinners	\$48.97	\$20.98	\$4.20
7 x Dinners	\$59.47	\$25.48	\$3.64
10 x Dinners	\$81.17	\$34.78	\$3.48
14 x Dinners	\$104.97	\$44.98	\$3.21
21 x Dinners	\$153.97	\$65.98	\$3.14
28 x Dinners	\$195.02	\$83.58	\$2.99

### Lite n' Easy Smaller Meals

5 x Lunch Favourites	\$23.07	\$9.88	\$1.98
5 x Easy Bites	\$17.47	\$7.48	\$1.50
5 x Soups	\$12.57	\$5.38	\$1.08

Prices listed are based on HCP approved recipients paying 30% of the full RRP and their HCP Provider paying the remaining 70% of the full RRP. All prices are inclusive of GST and subject to change. Some delivery areas also incur a delivery fee. MAR 2022\_02

<b>Lite n' Easy</b> Standard Meal Plans <small>Based on 1200 Calories</small>	<b>70% covered under HCP funding</b>	<b>30% paid by HCP recipient</b>	<b>Approximate Cost Per Meal</b>
3 day - Breakfast, Lunch, Dinner & Snacks	\$58.07	\$24.88	\$2.76
4 day - Breakfast, Lunch, Dinner & Snacks	\$69.97	\$29.98	\$2.50
5 day - Breakfast, Lunch, Dinner & Snacks	\$86.07	\$36.88	\$2.46
5 day - Breakfast & Lunch	\$55.97	\$23.98	\$2.40
5 day - Lunch & Dinner & Snacks	\$75.57	\$32.38	\$3.24
7 day - Breakfast, Lunch, Dinner & Snacks	\$111.97	\$47.98	\$2.28
7 day - Breakfast & Lunch	\$69.97	\$29.98	\$2.14
7 day - Lunch, Dinner & Snacks	\$94.47	\$40.48	\$2.89

<b>Lite n' Easy</b> Medium Meal Plans <small>Based on 1500 Calories</small>			
3 day - Breakfast, Lunch, Dinner & Snacks	\$62.97	\$26.98	\$3.00
4 day - Breakfast, Lunch, Dinner & Snacks	\$79.07	\$33.88	\$2.82
5 day - Breakfast, Lunch, Dinner & Snacks	\$93.07	\$39.88	\$2.66
5 day - Breakfast & Lunch	\$61.57	\$26.38	\$2.64
5 day - Lunch & Dinner & Snacks	\$80.47	\$34.48	\$3.45
7 day - Breakfast, Lunch, Dinner & Snacks	\$121.07	\$51.88	\$2.47
7 day - Breakfast & Lunch	\$79.07	\$33.88	\$2.42
7 day - Lunch, Dinner & Snacks	\$100.07	\$42.88	\$3.06

<b>Lite n' Easy</b> Large Meal Plans <small>Based on 1800 Calories</small>			
5 day - Breakfast, Lunch, Dinner & Snacks	\$103.57	\$44.38	\$2.96
5 day - Lunch & Dinner & Snacks	\$85.37	\$36.58	\$3.66
7 day - Breakfast, Lunch, Dinner & Snacks	\$136.47	\$58.48	\$2.78
7 day - Lunch & Dinner & Snacks	\$112.67	\$48.28	\$3.45

Lite n' Easy also has a range of other flexible meal combinations available. For more information, or for assistance selecting the right plan, please call us on **13 15 12**.